



815-236-8485 • JBrowning@Wellness-Within.com

HEALING TOUCH CONSENT FORM

My Status and Scope of Practice

Hello, my name is **Jeanne Browning, MS, APRN-BC, AHN-BC, HTCP, HWNC-BC** and I am an **Advanced Practice Registered Nurse and Healing Touch Certified Practitioner**. Healing Touch is a gentle, complementary, energy-based approach to health and healing that can assist in bringing a body to its natural ability to heal. I do not diagnose or treat disease and I am not a physician. These sessions are not a substitute for diagnosis or treatment from a qualified health practitioner for illnesses, injuries, or other medical conditions. Healing Touch is not licensed by the state of Illinois and my practice is guided by the Illinois Nurse Practice Act and the Nursing and Healing Touch Code of Ethics and Standards of Care.

Basic Definition of Healing Touch:

Healing Touch is an energy therapy in which practitioners consciously use their hands in a heart-centered and intentional way to support and facilitate physical, emotional, mental and spiritual health and healing.

The healing traditions of many cultures emphasize the importance of subtle energy systems that flow through and around the human body, affecting its health and vitality. Many of these traditions stress that balancing these energy fields can assist the body, mind and spirit in moving towards and maintaining wellness.

Description of a Session

During a session (which can vary in length averaging thirty to sixty minutes), I will gently place my hands on or above the person's fully clothed body noting any sensations or imbalances to assess the energy field. I then choose a Healing Touch technique that is appropriate for your needs. This may include light physical touch or sweeping hand motion above the body. There is a high likelihood that you will experience the relaxation response during the session. A feedback discussion will follow. People have many different responses to Healing Touch. Some clients feel nothing at all. Others describe sensations of moving energy, deep relaxation, feelings of being supported and nurtured, or visions of images and colors. Some patients experience an emotional release such as tears; some have what they consider to be a spiritual experience or they may develop insight into specific areas of their lives.

Benefits of Healing Touch

Recent research studies suggest that Healing Touch is effective for physical and mental relaxation, pain management, anxiety and stress reduction, and increasing one's sense of vitality. It has also provided support for people undergoing cancer treatments. Clients of Healing Touch typically report experiencing the relaxation response and often report an increased sense of wellbeing and peace. Many have reported positive experiences that have helped them better cope with illnesses, medical protocols for treatment of medical conditions and depression but I can make no specific claims regarding the results

you may experience from a Healing Touch session. Clients may request a list or summary of the numerous research studies done on Healing Touch since the early 1990s.

Healing Touch is a noninvasive energetic technique, still being researched by traditional science, and currently has no known detrimental side effects.

Confidentiality/Client Rights:

Your experiences during our sessions are confidential, and you have a right to view your files upon written request. Confidentiality is subject to the following exceptions:

1. You may instruct me to release information to insurance or other health care practitioners in writing.
2. All client information and records provided during a Healing Touch session will be kept confidential except under circumstances as detailed in Illinois Statutes or federal laws and regulations. For example, I may release information if subpoenaed or otherwise legally obligated or reasonably allowed to do so (Including circumstances where there is clear and imminent danger to yourself or another person).
3. Your records are kept in a secure location and are retained for 7 years after you suspend services after which time all information will be destroyed in a proper manner.
4. Practitioners are required by law to report, or cause to be reported, the threat of serious harm to self or others.

Session Day/Time

The Healing Touch session can be conducted at your home or my office. Appointments typically range from 30 to 90 minutes. Travel fees may apply for home visits.

We both agree to start and finish on time. If you are more than 10 minutes late for the Healing Touch session, I will assume you have cancelled the session, and I will still need to bill you for the session.

Cancellation

If the Healing Touch session needs to be cancelled or rescheduled, please allow at least 24 hours in advance of the scheduled session to notify me. If this is not done, you will be billed for the session. If I need to reschedule with you, I will give you a 24-hour notice.

Payment

Payment can be made by cash, check, or credit card.

ACKNOWLEDGEMENT, CONSENT, CLIENT PRIVACY RIGHTS

I have read and understand the above disclosure regarding the services offered by Jeanne Browning, MS, APRN-BC, AHN-BC, HTCP, HWNC-BC.

We have discussed the nature of the services to be provided including information that Healing Touch is a holistic complementary and integrative energy-based therapy that is accomplished through the use of contact and/or non-contact touch. I understand that she is a licensed Advanced Practice Registered Nurse. I understand that she is not a physician and it is my responsibility to maintain a relationship for myself with a medical doctor, if I so desire. I have been informed that Jeanne Browning will neither diagnose nor prescribe for any condition that I might have nor does she make any specific claims regarding results from the Healing Touch sessions that I receive.

I have read and understand the above disclosure regarding privacy policies and confidentiality, and that experiences during these sessions are confidential, but subject to the usual exceptions governed by laws of the State of Illinois and other federal laws and regulations.

My questions have been answered to my satisfaction regarding my Healing Touch provider's background, a Healing Touch session, and what I might expect from this session.

I fully consent to the services offered by **Jeanne Browning** by signing below:

Signed: _____ Date: _____

Print Name: _____

Address: _____